

PROTEINS	Quantity	Measure	Gram Weight	Cals (kcal)	FatCals (kcal)	Fat (g)	SatFat (g)	TransFat (g)	Chol (mg)	Sod (mg)	Carb (g)	ToFFib (g)	Sugar (g)	Prot (g)	Vitamin A (mcg)	Vitamin C (mg)	Calcium (mg)	Iron (mg)	Peanuts	Tree Nuts	Eggs	Milk	Wheat	Soy	Fish	Shellfish	MSG	Sensitivities	Vegan / Vegetarian	Allergen
Papa Style Beyond Burger AAF	1	Serving	336	400	85	12	2	0	370	574	44	1	25	6	27	4	17	3	N	N	Y	N	Y	Y	N	N		Gluten	n/a	Contains Egg, Soy, Wheat.
OBC Beyond Burger AAF	1	Serving	342	410	105	13	2	0	375	524	42	1	23	7	27	4	17	3	N	N	Y	Y	Y	Y	N	N		Gluten	n/a	Contains Egg, Milk, Soy Wheat.

**Papa Burger Ingredient Statement**

BUN: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Wheat Gluten, Potato Flour, Salt, Vinegar, Monoglycerides, Organic Whole Wheat Flour, Enzymes, Ascorbic Acid, Citric Acid., BEYOND BURGER PATTY: Water, Pea Protein, Canola Oil, Refined Coconut Oil, Rice Protein, Flavour, Dried Yeast, Mung Bean Protein, Methylcellulose, Potato Starch, Sugars (apple extract, pomegranate extract), Yeast Extract, Potassium Chloride, Salt, Beet Juice Extract (Vegetable Glycerine, Water, Maltodextrin, Ascorbic Acid), Vinegar, Concentrated Lemon Juice, Sunflower Lecithin, Lycopene Extract from Tomato, Vitamins And Minerals (Niacin [vitamin B3], Pyridoxine Hydrochloride [vitamin B6], Thiamine Hydrochloride [vitamin B1], Riboflavin [vitamin B2], Folic Acid [vitamin B9], Cyanocobalamin [vitamin B12], Calcium Pantothenate, Biotin, Zinc Sulphate, Ferric Orthophosphate)., Iceberg Lettuce, Tomatoes, Papa Sauce: SOYBEAN OIL, WATER, SUGAR, DISTILLED VINEGAR, TOMATO PASTE, PICKLES, EGG YOLK, HIGH FRUCTOSE CORN SYRUP, SALT, CORN SYRUP, TITANIUM DIOXIDE, MUSTARD SEED, XANTHAN GUM, POTASSIUM SORBATE AND SODIUM BENZOATE ADDED AS PRESERVATIVES, OLEORESIN PAPRIKA, SPICE, OLEORESIN TURMERIC, ANNATTO COLOR, CALCIUM CHLORIDE, ONION\*, DEXTROSE, RED BELL PEPPER, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, ALUM, NATURAL FLAVOR, GARLIC\*, POLYSORBATE 80. \*DEHYDRATED, White Onion, PICKLES: Cucumbers, Water, Vinegar, Salt, Contains less than 2% of Calcium Chloride, Sodium Benzoate (preservative), Alum, Polysorbate 80, Natural Flavor, Turmeric Extract (Color).

**OBC Beyond Ingredient Statement**

BUN: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Soybean Oil, Contains 2% or less of the following: Wheat Gluten, Potato Flour, Salt, Vinegar, Monoglycerides, Organic Whole Wheat Flour, Enzymes, Ascorbic Acid, Citric Acid., BEYOND BURGER PATTY: Water, Pea Protein, Canola Oil, Refined Coconut Oil, Rice Protein, Flavour, Dried Yeast, Mung Bean Protein, Methylcellulose, Potato Starch, Sugars (apple extract, pomegranate extract), Yeast Extract, Potassium Chloride, Salt, Beet Juice Extract (Vegetable Glycerine, Water, Maltodextrin, Ascorbic Acid), Vinegar, Concentrated Lemon Juice, Sunflower Lecithin, Lycopene Extract from Tomato, Vitamins And Minerals (Niacin [vitamin B3], Pyridoxine Hydrochloride [vitamin B6], Thiamine Hydrochloride [vitamin B1], Riboflavin [vitamin B2], Folic Acid [vitamin B9], Cyanocobalamin [vitamin B12], Calcium Pantothenate, Biotin, Zinc Sulphate, Ferric Orthophosphate)., Iceberg Lettuce, Tomatoes, SALAD DRESSING: Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolk, Modified Corn Starch, Salt, Dehydrated Onion, Paprika, Natural Flavor., AMERICAN CHEESE: American Cheese (Milk, Cheese Culture, Salt, Enzymes), Water, Cream, Sodium Citrate, Salt, Sorbic Acid, Color Added, Sunflower Lecithin., White Onion, PICKLES: Cucumbers, Water, Vinegar, Salt, Contains less than 2% of Calcium Chloride, Sodium Benzoate (preservative), Alum, Polysorbate 80, Natural Flavor, Turmeric Extract (Color)., BACON: Hickory Smoked Bacon Cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, Sodium Nitrite.

**A&W Beyond Meat Burgers  
Nutritional Information  
Updated 1/16/20**